# **CLEANING CHECKLIST**



# DAILY CLEANING

Make beds
Tidy up bedrooms
Start the dish washer
Wipe down counters
Clean the stove
Sanitize high-touch areas
Declutter living spaces
Put things back where they belong
Take out the trash

# MORNING CLEANING

Empty the dishwasher from last night
 Wipe down bathroom surfaces after morning routine
 Quickly sweep/vacuum the kitchen floor
 Tidy up living room
 Make the bed

# WEEKLY CLEANING

$\bigcirc$	Vacuum all carpets & rugs (couch)
$\bigcirc$	Mop the floors
$\bigcirc$	Dust surfaces (furniture,
	appliances, shelves, & picture
	frames)
$\bigcirc$	Clean the bathrooms - scrub the
	tub, shower walls, sinks, toilets,
	and counters)
$\bigcirc$	Wipe down kitchen appliances
Ŏ	Change the bed linens and wash
	the old ones
$\bigcirc$	Empty all trash bins
Ŏ	Clean mirrors & windows
Ŏ	Organize any clutter in living area

# MONTHLY CLEANING

$\bigcirc$	Deep clean your kitchen appliances
$\bigcirc$	Clean out & organize pantry & refridgerator
$\bigcirc$	Wash the windows inside & out (if
	accessable)
$\bigcirc$	Wipe down & dust ceiling fans, light
	fixtures, and air vents
$\bigcirc$	Clean the laundry room, including washer $\&$
	dryer
$\bigcirc$	Check & replace HVAC fliters, if necessary
$\bigcirc$	Deep clean upholstered furniture $\&$ vacuum
	under cushions
$\bigcirc$	Wipe down walls, doors, baseboards, and
	crown molding
$\bigcirc$	Deep clean one room of the house each
	month. (Move furniture to clean behind $\&$
	beneath)
$\bigcirc$	Tidy up your garden and patio areas

